



WHAT IS THE ROLE OF AN OCCUPATIONAL THERAPIST?





Occupational Therapist

At present, it is a very effective work tool to face the physical and psychological problems related to the elderly, and its benefits to older adults and dependent people have been demonstrated.





WHAT IS THE ROLE OF AN OCCUPATIONAL THERAPIST?

San Diego Pediatric Occupational

Therapy organizes safe environments for patients in their homes, trains family caregivers, and connects them with support groups to support emotional care. In the case of memory loss, music and sensory stimulation are notable sources of benefits in the medium term.



BENEFITS OF THIS THERAPY



At advanced ages, pain is perceived with greater intensity, and it isn't easy to control with anesthetic treatments.

Loss of visual abilities is common in older adults. Perception exercises serve to reactivate the skills of the eyes and the part of the brain linked to vision.



Delays the onset of arthritis:

They have discussed the preventive nature of occupational therapy in older people. Joint problems generate discomfort or pain among those who suffer from them and can also cause great frustration.



Facilitates Movement: This implies working at the joint and muscular level to promote good physical health and learning to use devices such as walkers, wheelchairs, hearing aids, and other types of prostheses.





CONTACTS US



+1-858-401-2677



www.writesteps.com



**MSOT, OTR/L 11172 Corte Pleno Verano,
San Diego, USA**